

How now
never get
anything
more out
of life than
you expect.
price less

+ keep your mind on the things you want and off those you don't + things live by moving and gain strength as they go + be a calm beholder of what is happening around you + there is a difference a) the world b) our reaction to it + be aware of our conditioning! drop and dissolve inner blockage + inner to outer — we start by dissolving our attitude not by altering outer condition + see that there is no one to fight, only an illusion to see through + no one can hurt you unless you allow him to + inwardly, psychologically, be a nobody

gntm sdrw'cab dednah-tfel monf edam kbabtfel pga

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asp leftback made from left-handed backwards writing

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