

usy symbt eht no dam nusy peekt t t'nod usy essit ffs dna tnaw mas dua surrom ab evil ssmit mlac a eb t og yeht sa htgnerts sumepput si tuti fo redlokeb ecneneffed a se encht t uzy dnuzna t to ot nortcaen nuo (b dlnow eht (a pord isunortiduoc nuo fo ensus ep nennt + esakcold nennt eulossid dna gnulossid yb trats en - netuo ot retus grinetly yb ton edutitia rus end on st erebt tabt ees + northdnoc ees ot norsulli na ylno, thaif ot usy trub rac ers on t hyuspht yldrawn + ot min wolla usy sselnu dragopour a ep 'allacido de la ucación

snitinw sdrawkcab dednab-tfel monf edam kcabtfel pga

t keep your mind on the things you want and off those you don't t things live by moving and gain strength as they go t be a calm beholder of what is happening anound you + there is a difference a) the world b) our reaction to it t be aware of our conditioning! drop and dissolve inner blockage + inner to outer - we start by dissolving sur attitude not by altering suter condition t see that there is no one to fight, only an illusion to see through t no one can hurt you unless you allow him to + inwardly, psychologically, be a nobody

asp leftback made from left-banded backwards writing



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